Empowering Clients to Access Resources

When we intervene with families, we are doing so, because there is some behavior and/or circumstances that need to change to keep children safe. We are routinely asking families to access resources to assist them in changing their behaviors or their circumstances. If we can empower clients to identify what needs to change and if we can empower them to identify and access resources, they will have a greater chance of success and an increased likelihood of continued success in the future when we are no longer involved with their families.

Tasks / Assignments:
Practice empowerment through the use of the following questions:
- Ask client what he/she wants to be different?
- What is his/her idea to make it different?
- What does he/she know about local resources?
- What resources he/she feels he/she would benefit from?
- What he/she needs in order to access that resource?
- What’s the first step?

Discoveries:
What did you discover in the use of these questions?
What was the client’s reaction to the use of these questions?
Share what you learned with your supervisor.